



Rimutaka Gymsports Code Of Conduct

The intention of the Code of Conduct is to ensure a safe and healthy environment for everyone within our Club. We ask that you read this with your child and help implement the standards. It only takes one person to undermine the safety of others.

Expected Standards of Behaviour

- Behave in a way that promotes a positive reputation for our club, avoiding bringing Rimutaka Gymsports into disrepute.
- Respect the rights and dignity of other members, staff and participants in our gym club.
- Do not use bad language, or harass staff, gymnasts or other members.
- Respect the rights, dignity and worth of all people involved at Rimutaka Gymsports, regardless of their gender, ability or cultural background.
- Refrain from personal abuse or threats of any kind towards staff, other members and the Committee
- Be kind – everyone is doing their best

Gymnasts Code Of Conduct:

- Be prepared for each training session or competition
- Work equally hard for yourself and for your team.
- Be honest about your health and well-being – report all injuries or illness to your coach.
- Be a good sport. Acknowledge all good skills or routines whether they be by your team-mates or from other clubs.
- Treat all other gymnasts as you would like to be treated. Do not interfere with, bully or take unfair advantage of another gymnast. (including social media)
- Follow the club rules and the rules set out in your technical handbook.
- Co-operate with your coach, team-mates and opponents. Without them there would be no competition.
- Train for the “fun of it” and not just to please parents or coaches.
- Do not use derogatory language.
- Respect the work and results set out by the judges at competition
- Respect all athletes, coaching staff, volunteers and employees - both at Rimutaka GymSports and other clubs
- Be prepared to lose sometimes. Everyone wins and loses. Be a fair winner and good loser.

Coaches Code Of Conduct

- Be professional, open and honest
- Be present, on time and in uniform ready for each class or competition
- Respect all other coaching staff and employees / volunteers at Rimutaka Gymsports
- Be realistic in your expectation on gymnasts' time, energy and enthusiasm.
- Remember that children participate for fun and enjoyment.
- Never ridicule children for making mistakes at a competition or training, create learning opportunities.
- Be aware of the role of the coach as an educator. As well as imparting knowledge and skills, promote desirable personal and social behaviours.
- Seek to keep abreast of changes in gymnastics; ensure that the information used is up to date, appropriate to the needs of gymnasts and takes account of the principles of growth and development of children.
- Ensure all equipment and facilities meet safety standards and are appropriate to the age and ability of the gymnasts.
- Report any Health and Safety issues or incidents to the club manager (and abide by the policies)
- Develop in the athlete an understanding for respect of opponents, judges and coaches.
- Follow the advice of a physician when determining when an injured gymnast is ready to recommence training (see Gymnast Returning to Sport Policy).

Spectators & Parents Code Of Conduct:

- Encourage your child to play according to the rules
- Be supportive of the work Rimutaka GymSports does and raise any concerns through the appropriate channels (Coach, > Lead Coach, > Club Manager)
- Be a role model by supporting your child to do the best job they can
- Reward effort rather than results
- Respect the rights of all athletes
- Be supportive of all gymnastics for good performances. Congratulate all gymnasts regardless of the outcome.
- Parents are welcome at practices/training, but you must abstain from coaching and commenting or talking to your child or coaches during any session.
- Applaud effort and hard work as well as success.
- Applaud the opposition as well as your own Club. Remember children play sport for their fun and enjoyment, not yours.
- Respect all decisions made by coaches, judges and officials and encourage gymnasts to obey the rules and decisions of the officials.
- Do not coach your child at competitions or at training.
- Do not criticise your child or any member during training or at competition. Mistakes are part of gymnastics and are a key learning opportunity
- Refrain from discussing or comparing athletes scores; all athletes are on their own journey.
- Do not force your child to participate in sport
- Do not be rude towards athletes, other parents, coaches or officials
- Provide support to the club through volunteering at key events, or fundraising initiatives